

QUARANTINE REFLECTION - 3

It is more than a week now since our lives were tipped upside down. Schools closed a week ago, lots of jobs are either on hold or are being done from home and we are it goes without saying hugely grateful for all of those key workers who are keeping us supplied with the essentials and are serving us in the community including the volunteers. The NHS staff & the Carers in our communities are notably deserving of the round of applause that they were given last night. I think most of us these past few days are aware of the little things we are grateful and or thankful for. I am as I'm sure all you are am very grateful for social media, for texting, for video calling and of course the telephone.

The Oasis/ Chrysalis exercise group that I attend at Third Avenue in Gillingham has continue to make contact each week when we would usually meet via messenger. I have had after a wobbly start prayer meetings with some people from around the circuit via zoom and that encouraged me to create a zoom meeting for some of the other group to come together and pray ahead of the Friday messenger chat. I've had a what's app video call with other friends and I continue to have FaceTime and Messenger calls with my grandchildren and am grateful that I can keep in touch and see them laugh and smile and fill me in on how they are getting on with this new normal. So my message today is one of gratitude and of thankfulness that I can have this through a lens face to face contact with loved ones and with friends.

And thank you to each of you my online friends, you each of you play a part in this gratefulness also.

Thank you for all of you who this past week or so have offered to help in getting bits of shopping and for sharing what you and your families are getting up to and allowing me to share in those moments. So from me to you Thank you.

This makes me think this scripture verse
Colossians 3: 17

"And whatever you do, whether in word or deed, do it in the name of the Lord Jesus, giving thanks to God the Father through him."

*Give Thanks to the Lord, for he is good;
his love endures forever.*

1 Chronicles 16:34

