



What we do:

MHA Communities Kent hold fun weekly social activities for those aged 55 and older.

We are launching a new scheme where we will provide fun and entertaining activities for people aged 55 and over.

On our launch day we will be doing a meet and greet session followed by a soup lunch and activity. We would love to see you there!

When and Where:

Thursday every week 11am – 2pm
Bearsted Methodist Church, Ware Street,
Bearsted, ME14 4PH
(There is no parking on site, the nearest car park

is located at Bearsted train station)

To get involved or to make a referral:

Please contact our Communities Manager,
Justin Edwards on: 07982137023 or email
Kent@mha.org.uk