

## **A reflection on Psalm 91**

*Those who focus their faith on God, who find their security in Him, do not have to live in fear. (Psalm 91, Psalms Now)*

This is a Psalm full of promises:

1. God promises to rescue us
2. God promises to protect us
3. God promises to shield us
4. God promises to answer us
5. God promises to be with us
6. God promises to honour us
7. God promises to satisfy us
8. God promises to show us salvation

And there are probably some promises I have missed.

Now I confess that lions and poisonous snakes do not feature highly on my list of daily worries. If you had asked me a year ago, I would have put plague on that list of things I do not much worry about. Plague may have moved a little higher up the list. So, it is good to have God's promise that we do not need to be afraid, that He will shelter us, He will protect us. Whatever happens He will care for us. Now I know that you know that I don't think this means I can be reckless and not take sensible precautions: I use oven gloves, I wear a seat belt and at the moment I observe social distancing and wash my hands for 30 seconds many times a day.

### **BUT**

Those who focus their faith on God, who find their security in Him, do not have to live in fear. We are not left untouched by the tempests of this life, and we may be wounded by the onslaughts of evil, but our great God does not leave us to suffer these things alone. The Lord cares for us and delivers us, even in the midst of this virus that plagues us.

God is truly **our** God; we do not have to be afraid. The Lord is by **our** side. Our loving God has promised to **never** let us go.