


Fwd: IN BRIEF Wellbeing : Safeguarding Adults : Positive Behaviour : Year of Prayer

1 message

Safeguarding NKMC <safeguardingnkmc@gmail.com>
 To: Safeguarding NKMC <safeguardingnkmc@gmail.com>

6 November 2020 at 10:27

To all Church Safeguarding Officers, Ministers and Circuit admins,

Please see the message below from Philippa and share with your churches as appropriate.

Also, please remember to send me a copy of your updated Church Safeguarding Policy if you haven't already done so.

Best wishes

Sue

Begin forwarded message:

From: Philippa Read <safeguarding@methodistsoutheast.org>
 Subject: IN BRIEF Wellbeing : Safeguarding Adults : Positive Behaviour : Year of Prayer
 Date: 5 November 2020 at 18:02:42 GMT
 To: Philippa Read <safeguarding@methodistsoutheast.org>

Dear Superintendents, safeguarding officers and administrators,

I have listed below a variety of information which may be of interest.

Please circulate this email to ministers, safeguarding officers and any other members of your church communities who may find it beneficial.

Wellbeing



Andrew Wright's company Action Your Potential, promotes various strategies that work with what he calls 'the grain of the brain' to help young people reach their potential and promote wellbeing for all. He has developed the '12 Rocks of Wellbeing' concept, which is relevant and beneficial to us all, young, middling and old.

As we approach a second period of lockdown and continuing uncertainty, the '12 Rocks' are a helpful reminder of what we can do to look after ourselves, and those we are in contact with, both physically and emotionally.

'50% of the mind we get each day is down to what we've done in the previous 24 hours.'

12 Rocks of Wellbeing: <https://www.actionyourpotential.org/the-12-rocks-of-wellbeing-1>

Wellbeing is a skill: <https://www.actionyourpotential.org/wellbeing-is-a-skill>

National Safeguarding Adults Week 2020

Safeguarding Adults Webinar – Tuesday, November 17th at 11am

This is to invite you to join a one-hour webinar, led by Christine Kennedy and Grahame Snelling from the Connexional Safeguarding Team, which will explore a number of key safeguarding adult concerns that, according to national statistics, have become far more prevalent during the Covid 19 pandemic, especially under lockdown conditions. These include domestic abuse, neglect and financial abuse. This webinar will build on the Foundation and Advanced training we already deliver, to ensure that our wider church safeguarding community is more aware of current trends and therefore better placed to respond when we recognise a concern. As a structure we will be basing the webinar on the 7-minute learning principle that aims to convey key training messages in a concise and accessible manner.

The webinar will be of interest to Safeguarding Committee members, DSOs and DSG members as well as circuit and local church safeguarding officers. Please pass on the details through your District communications systems.

To book your place, please register by Tuesday November 10th. To register: send your name and email details to safeguarding@methodistchurch.org.uk. We will then send you a joining link in good time for the webinar. On the day, please be available from 10.45. If you want any more details, please contact Christine or Grahame directly. We look forward to seeing you.

Positive Behaviour Support online training

A pair of workshops, hosted by the [Challenging Behaviour Foundation](#), for family carers and support workers of young people and adults with learning disabilities and/or autism and behaviours that may present as challenging.

10th November 9.45am – 2.30pm **Session 1: Understanding Challenging Behaviour**

8th December 9.45am – 2.30pm **Session 2: Supporting Behaviour Change**

About the workshops:

- The workshops will guide you through the basics of Positive Behaviour Support – how to understand behaviour and plan individualised support strategies – using a mix of activities and discussions.
- The workshops are suitable for family carers of adults with severe learning disabilities or moderate learning disabilities and autism who receive a Personal Budget
- They are a two-part set of workshops, so you ideally need to be able to commit to both sessions.
- The workshops are run by 2 co-trainers; one is a professional and one is a family carer.

Booking is essential, please email: esther@projectartworks.org or call 01424 423555 to book a space. Please note when booking please ensure you can make both workshop dates.

<https://projectartworks.org/the-programme/training/>

Year of Prayer

Why a Year of Prayer?

The Conference has declared 2020/2021 a year of prayer so that our Church-wide commitments to evangelism, church growth, church at the margins, and pioneering and church planting will flow from a deep, contemplative orientation to God's grace and love.

Be part of this movement of prayer as we ask the Holy Spirit to help us be a growing, evangelistic, inclusive, justice-seeking Church of gospel people.

Weekly Online Prayer Meeting - Tuesdays from 12.45pm – 1pm. Register here: <https://www.methodist.org.uk/our-work/our-work-in-britain/evangelism-growth/year-of-prayer/>



Philippa Read
South East District Safeguarding Officer



Mobile : 07958 915747
South East District Office
The Methodist Church
Basepoint Business Centre
Metcalf Way, Crawley
West Sussex RH11 7XX
Registered Charity Number: 1130274

IMPORTANT: This e-mail (including any attachments to it) may contain privileged, confidential or sensitive information and is intended solely for the person or organisation to whom it is addressed. If you are not the intended recipient, you must not copy or distribute it to any other person or take any action in reliance. If you have received it in error, please notify the sender as soon as possible and then delete it from your system.

06/11/2020

Gmail - Fwd: IN BRIEF Wellbeing : Safeguarding Adults : Positive Behaviour : Year of Prayer

Sue Byard 07946 614609
North Kent Methodist Circuit
Safeguarding coordinator