Circuit Prayer Diary(please keep this to use each month)		Revise	eed April 28 th 2017 Next Revision due September	
1 o t	Rev. Bonni-Belle Pickard		Members and congregations in	
1st		17th	Hartlip Church and Retreat Centre	
2nd	Rev, Gary Watt	18th	Burham and Eccles Churches	
3rd	Rev. Tony Graff	19th	Dene Holm and Hextable Churches	
4th	Rev. Velma Campbell			
5th	Rev Noreen Daley Lee	20th	Gravesend and St Luke's Churches	
6th	Rev.Kan Yu	21st	Gillingham and the Chinese Church	
7th	Deacon Pru Cahill	22nd	Peninsula Stoke and Strood Churches	
8 th	Deacon Jane Paine	23rd	Spital Street, Swanscombe and Sutton at Hone churches	
		24th	Hope Street Church and the HopeStreet Centre	
9th	Rev Will Grady	25th	Kingswood Church and Larkfield Church	
10th	Rev. Ken George and the Sheppey	26th	Bearsted , Union Street and Tonbridge Road Churches	
	Prison Cluster	27th	Newington and Sittingbourne Churches	
11th	Revs Elaine Cranmer, David Kichener and Bernard Fidder			
12th	Ray Borrett(Student Presbyter)	28th	The Brent Church and the Beacon Project	
13th	Our Supernumerary Ministers	29th	St Alban's, St. David's and St. Williams Churches	
14th	Our Circuit Stewards	30th	Rev. Lynda Cooke and all the Chaplaincy Team at Medway	
		Hospital		
15th	OurLocal Preachers and Worship Leaders	31st	Rev.John Hellyer and the District Staff	

16th Our Lay Workers

or the Taize community . For others music without words is more helpful , often classical music .

Other aids to prayer include

Lists of things we regularly pray for,

Pictures such as: photos of people we know or have agreed to

pray for

pictures of nature

pictures of Jesus

pictures of places

pictures of projects we wish to pray about.

Maps

Objects such as: a cross or a stone or something soft

or a shell to study the colours and patterns on it.

Short films from sources such as Youtube.

Recorded prayers on tape , CD or downloaded onto your device of choice for those who like auditory input .

This is just a short list. I'm sure we could come up with countless others between us.



May 2017

Focus on ways of praying

There are many aids we can use to guide us in prayer.

There are times when we simply wish to sit and commune with God in silence or in a noisier environment where the noises can even guide us to things around us to lead us to prayer.

Many of us will use a bible.

Many will use books of prayers or our own special prayers which may be on cards or perhaps committed to memory .

Sometimes a pencil and paper is handy . The beauty of this method can be that we end up with a written record . We may list things or people who concern us or for which/whom we may wish to say thanks .

Many people find music helpful in focussing our thoughts . For some it will be Christian music such as that of Graham Kendrick , Margaret Rizza