





# **Action for Children Sunday**

#### Choose Childhood

Tragically, childhood continues to hurt for so many children within the UK. These children face neglect and abuse, poverty and poor mental health. They don't choose what happens in their lives. But we **can** choose to help.

That's why – this Action for Children Sunday – the theme of our worship is **Choose Childhood**.

# We are family



### **Our vision**

Every child and young person in the country has a safe and happy childhood and the foundations they need to thrive.



#### **Our mission**

We protect and support children and young people by:

- Providing practical and emotional care and support.
- Ensuring their voices are heard.
- Campaigning to bring lasting improvements to their lives.

## **Action for Children Sunday**

Sadly, the world is an uncertain place at the moment. Covid-19 has thrown all our lives into crisis. Our work to help vulnerable children and families, though, remains as important now as it ever has been. Families who were already struggling before now find themselves unable to afford food and other essentials, like nappies, cleaning products, gas and electric.

As always, your support is absolutely vital. Our 'Choose Childhood' campaign highlights the challenges faced by vulnerable children and families today.

Thank you for your fantastic support. It really does continue to make a life-changing difference to children across the UK.

# **Lyles Story**

Lyle was physically and emotionally abused by his parents. They punched and kicked him, and he'd often go hungry. After turning to alcohol to numb the pain, Lyle ran away from home.

Action for Children stepped in to find him a safe and stable place to live.



'I wasn't allowed to shower, and I went days without food. My childhood didn't exist...

...Without Action for Children, I don't think I'd be alive.' Lyle

If you would like to donate to help Action for Children's work please click HERE



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