

## APPROACH TO WORSHIP from about 10.15

As we gather may your spirit work within us  
In his time  
There's a quiet understanding

## CALL TO WORSHIP

Calm me O Lord, as you stilled the storm  
Still me O Lord, keep me from harm  
Let all the tumult within me cease  
Enfold me Lord in your peace

## WELCOME

## PRAYER

Gracious God  
Giver of all good gifts

We are passing through traumatic times  
Our old familiar securities are gone  
And we are struggling to manage new challenges  
Wherever we look people are suffering  
    We are torn apart by loss  
    Our present is uncertain  
    We feel anxious about the future  
We have entered the wilderness  
And we see trouble ahead

And yet  
As we look deeper into the wilderness  
We see not only trouble  
But we also catch a glimpse of something that gives us hope  
It's a comforting, strengthening sight  
It calms our hearts  
And makes us brave to carry on

For there in the wilderness  
We see a sign of your glory  
Which gives the assurance  
That you will not abandon us  
But will keep your promise to be with us  
And nourish us with good gifts

When we are hungry  
You will feed us with the bread of life

Teaching us that we do not live by bread alone but by every word that comes from your mouth

When we are thirsty  
You will give us living water from the rock  
Water that gushes up to eternal life

In response to your goodness  
We bring our worship  
We come to say "Thank you"

We come also to acknowledge our need of your healing touch

Life has left its mark upon us  
We have been hurt  
And some things within us  
Have become a little twisted and sometimes broken

We open ourselves to you  
You know exactly what treatment each one of us needs

And you come  
Healing the stress and pain  
Amputating the thoughts and attitudes that cause damage and hurt

You come  
Announcing your gracious words  
Saying, "Your sins are forgiven"

You come and breathe upon us  
Your Spirit fills our minds and bodies  
Energising us with a mighty rushing wind  
Settling upon us in tongues of fire  
That make us burn with radiant love  
Calming us  
That we may know inner peace  
And so, lead thousands around us to salvation

We thank you God  
We are your precious, loved People

Here we are  
Ready  
Attentive  
Open to you  
Offering our souls and bodies as living sacrifices  
Our spiritual worship

We pray  
Through Jesus, our Saviour, Lord and Friend.

AMEN.

HYMN 437 (STF) When the music fades

<https://youtu.be/-K5t23Z63CE>

SERMON

EXODUS 16: 9-21

HYMN I am the bread of life

<https://youtu.be/dX4uC3a7RC8>

PRAYERS

HYMN 465 (STF) Guide me O thou great Jehovah

<https://youtu.be/oq9vcQqI93U>

BLESSING

At all times you are carried in the heart and mind of God  
God watches over you with protecting love  
God strengthens you by the Spirit  
God guides you into the way that leads to life

May God,  
Creator, Saviour and Spirit  
Bless you  
Now and always

AMEN