A prayer composed by Chris Chare:

A Prayer: We thank you Lord for our individual circumstances that we can continue our lives in your love and care. We pray for those at the frontline in whatever capacity and there are lots, in keeping our Country functioning. This can be without true respect for their own safety but in support of those around them. Help us to do the right things for others and be accepting in help offered to us. We pray for your guidance through Jesus Christ and the Holy Spirit in our daily lives. Amen

A rainbow is a promise of sunshine after rain of ealm after storms of joy after sadness of peace after pain of love after loss



May 2020 Ascensiontide

Focus on Global Prayer

Thy Kingdom come

The Global Prayer Initiative "Thy Kingdom Come" Starts tomorrow, Ascension Day.

There is much more information on the Thy Kingdom Come website. Also for those who didn't receive a copy of the Methodist Prayer Journal with Connexion magazine it can be downloaded here:

https://www.methodist.org.uk/media/16916/thy-kingdom-come-prayer-journal.pdf

We join with the world in prayer when the world faces a common threat from disease. A world equal in some ways but unequal in others.

We are told to wash our hands regularly at this time.

People elsewhere do not have fresh clean water.

We are told the symptoms which might require intervention

People elsewhere may not have access to medical support we take for granted.

We struggle to get a delivery slot.

Others struggle to find food or to pay for it.

Help us to remember in our difficulties the difficulties others are facing are on altogether a different level.

Coping with unexpected grief

Today I received news of the death of a friend who sang in a choir of which I am a member.

After being in intensive care for about 2 months his body grew too weak to carry on. In the last few days he had finally shown signs of weakening.

An otherwise apparently healthy man struck down.

This particular situation is also worsened by the fact that his son died suddenly last summer and that the family were still coming to terms with that.

So many facing grief caused by Covid 19 but alongside other griefs they carry alongside.

Let us pray for all those facing such grief.

Let us pray too for those who risk infection every day just by carrying on doing their jobs

But let also rejoice also in those situations where the worst had been expected , where very sick or very elderly Covid patients have walked out of hospital when no one thought they would.

O Lord God, we come to You at this time of great shock and grief and ask that in Your grace, You would shed Your peace and comfort to all who are mourning this death that was so sudden and so very unexpected.

Lighten our darkness O Lord we pray, and comfort our sorrowing hearts. Pour Your peace that passes all understanding into the hearts of all that are grieving and shower the assurance of Your love on all, at this time of sadness.

Lord, we are not to grieve as those who have no hope, those that have not trusted in Christ as Saviour, for our hope and trust is in You and our eyes are looking to You for strength, encouragement and comfort at this time of great sadness.

Lord, it is at a time like this that we suddenly begin to realise the great frailty of life and the brief portion that we are permitted on this earth. Cause all who are grieving here today to take stock of our own individual lives, and help us to be wise to number our days. Help us to live our lives as unto the Lord, knowing that at any time You may choose to call us home as well.

Thank you Lord also for those miracles when it seemed inevitable that others have gone into hospital with little hope of recovery and yet have come through and been restored to home and family.

Thank you that in all this you walk alongside us. That with you we are never truly alone.

Amen.