

Some of you are already familiar with the Taketime meditations prepared by Methodist Presbyter Rev Clive McKie .If not it may be worth a visit to the website www.taketime.org.uk where a series of Meditations on the Gospels are available in 5,10,15 and 20 minute versions to listen too. There are also groups in the circuit meeting together to use them. Also there is now an app to access the meditations if you have Android technology:

Taketime

APP NOW AVAILABLE:

The "Taketime Spiritual Meditations" app is now available for Android phones at Play Store

(IOS app for iPhones available soon)

ARTICLE ON FRESH EXPRESSIONS WEBSITE:

<http://freshexpressions.org.uk/2019/03/13/tangible-truth-compassionate-spaces/>

Taketime Meditations - a new meditation added every Monday

If your Church or organisation would like to know more about Taketime Group leadership Training,

contact us at info@taketime.org.uk



April 2019

Moving towards Holy Week

In a little over a week it will be Palm Sunday then we follow the events leading to Jesus trial death and resurrection .

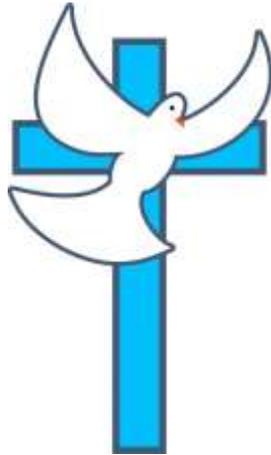
We pray to God in different ways. For some of us words are the main medium and our prayer encounter may be a true conversation with God where we talk to him and we listen.

For others we may use prayers written by others or indeed written by ourselves, or scripture readings or for some of us, including myself , hymns can be a rich source of prayer material.

For others music can be a way of opening our hearts.

It could be religious music of all sorts , from large oratorios to a simple Taize chant. It could be classical music . A friend who recently died loved Elgar and I can certainly pray with some of his music to focus on , as with certain other classical composers. I can equally use music written by some of our more modern composers.

Others again may use pictures as a focus.



Photos of those on our personal prayer lists can be a useful tool.

Or they may use something to hold such as holding cross. Our Roman Catholic brothers and sisters are familiar with their rosaries but there are Methodists who have found them useful too and I was really introduced to the mysteries behind their use by a Methodist writer.

Before Lent ends perhaps you could try a different way of praying. I'd love to hear about anything new that you find enriches your prayer life if you feel you can share it. But if not I just pray that anything you try strengthens your relationship with your Lord.

Many of you made use of the Novena(Nine days of Prayer) A6 booklets supplied from District last year. District are not supplying them this year (they are new prepared by the President and Vice-President elect) ,but I have ordered enough for circuit as bulk orders were supplied for postage only and it worked out cheaper to order for the whole circuit than for a single small to medium size church. We should have plenty of time to circulate them in time for Ascension Day .

If any of you are interested in copies of the similar Anglican booklet for this year , let me know as I can supply some.

