**Quiet Day at St. Andrew’s**

**“Lindisfarne”**



led by

Rev Ian Pruden

**Tuesday 15th July**

**10:30am to 3pm**

Morning Session: “How can we be still?”

Afternoon Session: “Going on retreat”

Please bring your own packed lunch

Drinks provided

Tea & Cake at the close of the day

Please let Anya know if you would like to attend by 11th July on 01303 210620 or goldsas@btinternet.com